## NOVA HALLOWEEN HAUNT <br> BB/B/C Mini Meet

Oct. 18-20, 2019
SANCTION NO. VS-VS-20-07

## Hosted by: -acnar/i <br> SWIMMING

NOVA of Virginia Aquatics

| SANCTION: | - Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-20-07 <br> - USA Swimming, Inc., Virginia Swimming, Inc., NOVA Swimming, and NOVA Aquatics Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. |
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| LOCATION: | NOVA Aquatics Center, 12207 Gayton Road, Richmond, VA 23238, Phone: (804) 754-3401 |
| FACILITY: | - 10-lane, 25 -yard pool, 4.5 feet deep in lane 1 sloping to 7 feet in lane 10 with Kiefer Wave eater lanes, Daktronics Automatic Timing System <br> - 10 lanes will be used for competition with 2 warm-up/warm-down lanes available at all times in the adjacent pool located at the NOVA facility. <br> - The competition course has been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C (4). The copy of such certification is on file with USA Swimming. |
| MEET DIRECTOR: | Name: Lori Hopewell <br> Email: novabusinessoffice@novaswim.org <br> Phone: (804) 750-1183 |
| ELIGIBILITY: | - Open to all Virginia Swimming athletes registered prior to the first day of the meet. <br> - No on deck Virginia Swimming athlete registration will be permitted. <br> - Swimmers 8 years old and younger may participate regardless of classification in any 8 \& Under events. <br> - Swimmers 9-18 years old may compete in any event and relay strokes in which they have a "BB", "B" or "C" Time. <br> - 2017-2020 NAG times are in effect <br> - Age on October 18,2019 will determine age for the entire meet. |
| DISABILITY SWIMMERS: | - Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. <br> - The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. |
| FORMAT: | - The 500 Free will be swum Friday evening for $9-18$ year old swimmers. <br> - All 8 \& younger swimmers will swim in Saturday and Sunday mid-day session. <br> - All 9-10 and the 11-12 Boys swim on Saturday and Sunday morning session. <br> - 11-12 Girls and all 13-18 year old swimmers will swim on Saturday and Sunday afternoon session. <br> - There will be a 5 minute break between Events 37 and 38 ( $8 \& \cup 100$ Free Relay), 41 and 42 ( $8 \& \mathrm{U} 100 \mathrm{IM}$ ), 105 and 106 ( 8 \& U 100 Medley Relay), and 109 and 110 ( $8 \& 50$ Breaststroke). <br> - Event numbers: 7, 13, 17, 19, 23, 27, 29, 33, 50, 54, 58, 60, 64, 68, 70, 74, 79, 81, 85, 89, 93, 97, 99, 103, 120, 122, 126, 130, 134, 138, 140 and 144 are intentionally not used. <br> - All events will be timed finals. |
| WARM-UP: | - Friday session: Warm-ups 4:00 pm; competition starts $5: 15 \mathrm{pm}$ <br> - Morning session: Warm-ups not before 8:00 am; competition starts not before 9:00 am. <br> - Mid-day session: Warm-ups not before 11:00 am; competition starts not before 12:00 pm <br> - Afternoon session: Warm-ups not before 1:15 pm; competition starts not before 2:15 pm. <br> - Lane assignment and warm-up times for individual clubs will be posted on the NOVA website no later than Monday, October 14, 2019, and will also be emailed to the contact person of the participating clubs. <br> - If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. |
| ENTRIES: | DEADLINE FOR THE RECEIPT OF ENTRIES IS 9:00 PM, THURSDAY, OCTOBER 10, 2019. <br> - Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. <br> - Teams must submit entries via e-mail <br> - A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. <br> - "No Time" (NT) entries will be accepted for events in which a swimmer does not have a time of record. All entry times |


|  | must have been achieved in USA Swimming sanctioned, approved, or observed competition. <br> - Swimmers may enter a maximum of 1 individual event on Friday. Swimmers may enter a maximum of 3 individual events and 1 relay event on Saturday and Sunday. <br> - When entering 11-12 year old events, please pay close attention to the possibility of back to back events. Swimmers must be prepared to swim back to back without a break. <br> - Relay teams must be designated $A, B, C$, etc., if more than one per club is entered per event. <br> - Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4hour/session timeline limit. Relays may also be eliminated if necessary and relay fees will be refunded should this happen. <br> - Email entries to: novaswim@novaswim.org <br> - Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. Deck entries must be submitted to the Administrative Official on the provided form. |
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| FEES: | Individual events: $\$ 5.50$ <br> Relay events: \$12.00 <br> Swimmer surcharge: $\$ 2.50$ per person (entered in the meet in any capacity) <br> - Checks should be made payable to: NOVA OF VA AQUATICS. <br> - Mail payment to: NOVA of Virginia Aquatics <br> 12207 Gayton Road <br> Richmond, VA 23238 <br> - Payment must be received by October 16, 2019 for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. <br> - IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. |
| AWARDS: | - Individual events: Ribbons will be awarded for first through eighth place <br> - 8 \& Under individual events will be given separate awards for 6 \& Under, 7 year olds and 8 year olds age groups. <br> - $\quad 12 \&$ Under individual events will be given separate awards 11-12, 9-10 and 8 \& Under age groups <br> - 13-18 individual events will be given separate awards for 13-14 and 15-18 age groups <br> - Relay events: Ribbons will be awarded for first through fourth place. |
| SEEDING: | - All events will be pre-seeded, except \#1-2 (13-18 500 Free), \#3-4 (12\&U 500 Free), \#5-6 (13-18 400 IM ) which will be deck seeded. <br> - Event \#1-2 (13-18 500 Free), \#3-4 (12\&U 500 Free), \#5-6 (13-18 400 IM ) require a positive check-in. <br> - Positive check-in will close 30 minutes prior to the start of the session. <br> - SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE SEEDED IN THE EVENT. <br> - Swimmers should report directly to the block for their events. |
| PENALTIES: | - A fine of up to $\$ 100$ per event may be assessed for any illegal participation in the meet. Illegal participation is defined as <br> - Entries using fraudulent or non-verifiable times. <br> - Athlete competed in the incorrect age group. <br> - Athlete is not registered with USA Swimming prior to the first day of the meet. <br> - If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. <br> - Any event in which an athlete participated illegally will be rescored and re-awarded. |
| RULES: | - The current USA Swimming Rules and Regulations, including the Minor Athlete Abuse Prevention Policy, will apply. <br> - Any swimmer entered in the meet must be certified by a USAS member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, the swimmer or the swimmer's legal guardian must ensure compliance with this requirement. <br> - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) anytime athletes, coaches, officials and/or spectators are present without written USA Swimming approval. <br> - Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is not permitted. <br> - Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited <br> - In accordance with VSI Best Practices, swimmers should shower before entering the pool. |


|  | - In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area. |
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| OFFICIALS: | Meet Referee: Patrick Milligan <br> Email: pmilligan2131@gmail.com <br> Phone: $804-386-8412$ <br> - Officials will be needed for all positions and all sessions for this meet. <br> - Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Emily Fagan, Email: emilyfagan@comcast.net no later than Sunday, October 13, 2019 <br> - Officials meetings will be held in the hospitality area one hour prior to the start of the meet. |
| SAFETY: | Virginia Swimming Meet Safety Procedures will be in effect. |
| TIMERS: | - Clubs may be required to provide timers. <br> - The head timer will assign specific lanes prior to each session. |
| GENERAL: | - Heat sheets will be available for purchase <br> - Bleacher seating for 280 <br> - Hospitality room will be open to coaches and certified officials. <br> - The Virginia Swim Shop will be open for swimming accessories and shopping. <br> - Please inform swimmers and parents that spectator deck space may be extremely tight. <br> - Any help in reducing the number of spectators and their carry-in possessions is appreciated. <br> - Swim bags should be placed under the seats. <br> - No glass containers, smoking or alcohol is permitted in the pool area. |
| PARKING: | PLEASE DO NOT PARK AT THE APARTMENT BUILDINGS ACROSS THE STREET OR THE SHOPPING CENTER NEXT TO NOVA. The NOVA Aquatics Center has parking available. |
| DIRECTIONS: | - SOUTH - 95 North to 64 West to the Gaskins Road South exit. Follow Gaskins Road south to Ridgefield Parkway (3 ${ }^{\text {rd }}$ light); turn right. Proceed on Ridgefield until you intersect with Gayton Road (4t light); turn left. NOVA Aquatics Center less than $1 / 2$ mile on left. <br> - NORTH - 95 South to 64 East to the Gaskins Road South exit. Follow directions above. <br> - WEST - 64 East to the Short Pump/Broad Street 250 West exit. Follow Broad Street ( 250 West) to Pump Road. Take a left at the light. Follow Pump Road to Ridgefield Parkway ( $3^{\text {rd }}$ light); take a right. Follow Ridgefield Parkway to Gayton Road (2 lights); take a left on Gayton Road. NOVA Aquatics Center less than $1 / 2$ mile on left. <br> - SOUTHSIDE - Take Chippenham Parkway North which will turn into Parham Road. Follow Parham Road to Quioccasin/Gayton Road (Regency Mall on left); take a left at the light. Proceed for 4-5 miles. NOVA Aquatics Center will be on your right. |


| Evening Session <br> Warm-up: 4:00 pm; Start: 5:15 pm |  |  |  |
| :---: | :---: | :---: | :---: |
| Girls | Events | $\frac{\text { Boys }}{2}$ |  |
| 1 | $13-18$ 500 Freestyle | 4 |  |
| 3 | $12 \&$ Under 500 Freestyle | 6 |  |

Saturday, October 19, 2019
Morning Session
9-10 Year Olds + 11-12 Boys
Warm-up: 8:00 am; Start: 9:00 am
(Times are not earlier than)

| Girls | Events | $\frac{\text { Boys }}{8}$ |
| :---: | :---: | :---: |
| 9 | $11-12$ 200 Freestyle Relay | 10 |
| 11 | $9-10200$ Freestyle Relay | 12 |
| - | $9-10$ 50 Freestyle | 14 |
| 15 | $11-12100$ Freestyle | 16 |
| - | $9-10100$ Butterfly | 18 |
| - | $11-1250$ Butterfly | 20 |
| 21 | $11-12$ 200 Butterfly | 22 |
| - | 9-10 100 Individual Medley | 24 |
| 25 | $9-12200$ Individual Medley | 26 |
| - | $11-1250$ Breaststroke Breaststroke | 28 |
| - | $11-12200$ Breaststroke | 30 |
| 31 | $9-10100$ Backstroke | 32 |
| - | $11-12100$ Backstroke | 34 |
| 35 | $9-10200$ Freestyle | 36 |

Mid-Day Session
8 \& Under Swimmers
Warm-up: 11:00 am; Start: 12:00 pm
(Time are not earlier than)

| $\frac{\text { Girls }}{37}$ | $8 \&$ Under $\frac{\text { Events }}{100 \text { Freestyle relay }}$ | $\frac{\text { Boys }}{38}$ |
| :---: | :---: | :---: |
| 39 | 5 minute break |  |
| 41 | $8 \&$ Under 25 Freestyle | 40 |
|  | $8 \&$ Under 100 Individual Medley | 42 |
| 43 | 5 minute break |  |
| 45 | $8 \& \&$ Under 25 Breaststroke | 44 |
| 47 | $8 \&$ Under 50 Backstroke | 46 |
|  | $8 \&$ Under 50 Butterfly | 48 |

Afternoon Session
13-18 Year Olds + 11-12 Girls
Warm-up: 1:15 pm; Start: 2:15 pm
(Times are not earlier than)

| Girls | Events | Boys | Girls | Events | Boys |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 49 | 11-12 200 Freestyle Relay | - | 117 | 13-18 200 Medley Relay | 118 |
| 51 | 13-18 200 Freestyle Relay | 52 | 119 | 11-12 200 Medley Relay | - |
| 53 | 11-12 100 Freestyle | - | 121 | 11-12 200 Freestyle | - |
| 55 | 13-18 100 Freestyle | 56 | 123 | 13-18200 Freestyle | 124 |
| 57 | 11-12 50 Butterfly | - | 125 | 11-12 100 Butterfly | - |
| 59 | 11-12 200 Butterfly | - | 127 | 13-18 100 Butterfly | 128 |
| 61 | 13-18200 Butterfly | 62 | 129 | 11-12 100 Individual Medley | - |
| 63 | 11-12 200 Individual Medley | - | 131 | 13-18 100 Breaststroke | 132 |
| 65 | 13-18 200 Individual Medley | 66 | 133 | 11-12 100 Breaststroke | - |
| 67 | 11-12 50 Breaststroke | - | 135 | 13-18 200 Backstroke | 136 |
| 69 | 11-12 200 Breaststroke | - | 137 | 11-12 50 Backstroke | - |
| 71 | 13-18 200 Breaststroke | 72 | 139 | 11-12 200 Backstroke | - |
| 73 | 11-12 100 Backstroke | - | 141 | 13-18 50 Freestyle | 142 |
| 75 | 13-18 100 Backstroke | 76 | 143 | 11-12 50 Freestyle | - |

NOTE: Event numbers: 7,13,17,19,23,27,29,33,50,54,58,60,64,68,74,79,81,85,89,93,97,99,103,129,122,126,130,134,138,140 and 144 are intentionally not used.

